

Daisy Learning Centre- Weekly Menu (Week-4)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Whole meal Toast w/vegemite, butter. & Slice cheese Fruit Platter and Vegetables stick	Whole meal Crumpet w Honey & light milk. Fruit Platter and Vegetables stick	Pancake with Maple Syrup & light milk. Fruit Platter and Vegetables stick	Whole meal Raisin Toast w cheese & light milk. Fruit Platter and Vegetables stick	Rice Cakes W/vegemite, Butter & Slice cheese Fruit Platter and Vegetables stick
	Water	Water	Water	Water	water
LUNCH	Home Made Italian style Beef Lasagna with Baked Sweet Potato	Vietnamese Coconut Lemongrass Chicken with Vegetables and Turmeric Rice With Side Salad	Mexican style Beef Mince & beans bake pasta with tasty cheese served w Steam Vegetables	Classic Meatloaf w/eggs, breadcrumb, served with corn Cob & Mash potato.	Thai style Beef (Diced) and Zucchini with Brown Rice Served with Greek Salad
AFTERNOON SNACK	Milk & Water Rice Cakes with Cheese Spread & Mixed Vegetables stick	Milk & Water Buffalo Chicken wings with natural yoghurt, Mixed Fruit Platter & Carrot Stick	Milk & Water Dinner Roll w Cheese & Tomato W Mixed Fruit Platters & Carrot Stick	Milk & Water Crispy Lebanese Bread with Natural yoghurt Mixed Fruit Platter & Veg Stick.	Milk & Water Triangle Feta Cheese & Carrot, Celery and Carrot sticks.
	Water & milk	Water & milk	Water & milk	Water & milk	Water & milk
LATE SNACK Choose from: wholegrain crackers and cheese, fresh vegetables and fruit, served with water					
Allergies: Children with allergies and or food intolerances are provided a tailored version of the regular menu to suit their individual needs.					

