

Daisy Learning Centre- Weekly Menu (Week-2)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING Tea	Whole meal Toast w/vegemite, butter. & Slice cheese w Vegetables stick	Whole meal Crumpet w light milk w Vegetables stick	Pancake with Maple Syrup & light milk w Vegetables stick	Whole meal Raisin Toast w cheese & light milk W w Vegetables stick	Rice Cakes W/vegemite, Butter. & Slice cheese W w Vegetables stick
	Water	Water	Water	Water	Water
LUNCH	Tuna with Whole meal Penne Pasta with Napolitano sauce .serve with Steam Vegetables	Chinese Stir fry Seasonal Vegetables and Chicken Stir Fry with Brown Rice and Garden Salad	Beef Rissoles with BBQ Sauce Served with Rosemary & Garlic Roast potato and green peas With Basmati Rice	Ground Beef mince and Brown Rice Casserole with Side Salad	Spiral pasta with beef mince w red sauce Serve Vegetables Stick. (Carrot & Celery)
AFTERNOON & Late Afternoon Snacks	Milk & Water Ricotta cheese & spinach pastozzies Mixed Fruit Platter & Veg. Stick	Milk & Water Turkish Garlic Loaf & Mixed w Carrot Stick & Celery Stick	Milk & Water Crispy Lebanese Bread with Natural yoghurt & Mixed Fruit Platter, Carrot Stick	Milk & Water Cucumber ,Mayonnaise and Cheese Cold Sandwich and w carrot stick and Baked Asparagus	Milk & Water Homemade Apple ,Sultana & cinnamon Muffin And Capsicum and Cucumber stick)
	Water & milk	Water & milk	Water & milk	Water & milk	Water & milk

LATE SNACK Choose from: wholegrain crackers and cheese, fresh vegetables and fruit, served with water

Allergies: Children with allergies and or food intolerances are provided a tailored version of the regular menu to suit their individual needs.

